

Patient name _____ Date of Birth: _____



HEALTH ASSESSMENT

Date: _____

Age: _____ Female: Male: Primary Language: _____

Reason for coming to office: _____

Name of primary care physician: _____

Names of your other physicians: _____

Home telephone: _____ Work telephone: _____ Cell phone: _____

PRESCRIPTION MEDICATIONS (if not bringing a list with you)

Name of drug	Dose (in mg)	# of times per day

(Please continue on the back of sheet as needed)

Please list any over-the-counter medications/vitamins you take: _____

Please list any herbal medications, food supplements, teas: _____

Do you use any complementary treatments: Acupuncture Chiropractic Herbs/Naturopathy
 Meditation Massage Other _____

Do you have any allergies to medications Yes No

If yes, please list: _____

Do have an allergy to Latex (Band-Aids, rubber gloves, balloons, condoms) Yes No

If yes, explain _____

Other allergies: _____

What drug store do you use? _____ Telephone _____

Do you have a prescription plan to assist with the cost of medications? Yes No



Patient name _____ Date of Birth: _____

Please choose which best describes your current state: (ECOG Performance Status Scale)

- 0- Fully active. Able to carry on all pre-disease activities without restrictions.
- 1 - Restricted in physically strenuous activity but ambulatory and able to perform light work.
- 2 - Ambulatory and capable of all self-care but unable to work. Up and about >50% of waking hours.
- 3 - Capable of only limited self-care. Confined to bed or chair more than 50% of waking hours.
- 4 - Completely disabled. Cannot perform any self-care. Confined to bed or chair.

MEDICAL HISTORY

How do you rank your general health? Excellent Good Fair Poor

Please list any surgeries you have had in the past: (use additional paper if necessary)

Approx Date	Type of surgery	Where
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Please list any chronic conditions for which you see a physician: (use additional paper if necessary)

Condition:	Physician:
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Do you have a collagen vascular disease (rheumatoid arthritis, scleroderma, lupus)? Yes No

Have you ever had radiation treatment? Yes No

Where? _____ When? _____

Patient name _____ Date of Birth: _____

FAMILY HISTORY

List Any Cancer or Blood Disease and/or Cause of Death

Mother: Alive, age _____ Deceased at age _____

Father: Alive, age _____ Deceased at age _____

Maternal Grandmother: Alive, age _____ Deceased at age _____

Maternal Grandfather: Alive, age _____ Deceased at age _____

Paternal Grandmother: Alive, age _____ Deceased at age _____

Paternal Grandfather: Alive, age _____ Deceased at age _____

Siblings: (Please list each separately. If more room is needed, please use separate sheet.)

_____: Alive, age _____ Deceased at age _____

_____: Alive, age _____ Deceased at age _____

_____: Alive, age _____ Deceased at age _____

_____: Alive, age _____ Deceased at age _____

_____: Alive, age _____ Deceased at age _____

Children: (Please list each separately. If more room is needed, please use separate sheet.)

_____: Alive, age _____ Deceased at age _____

_____: Alive, age _____ Deceased at age _____

_____: Alive, age _____ Deceased at age _____

_____: Alive, age _____ Deceased at age _____

_____: Alive, age _____ Deceased at age _____

Race/Ethnicity:

American Indian/Alaskan Native Asian/Pacific Islander Black/not of Hispanic origin

Hispanic White/not of Hispanic origin Jewish Heritage Other _____

Religion : _____

Marital status:

Married Partnered Single Divorced Widow

Who do you live with?

Name: _____ Relationship: _____ Cell Phone: _____

Name: _____ Relationship: _____ Cell Phone: _____

Housing: Single Level Multi-level Assisted Living Nursing Home

Patient name _____ Date of Birth: _____

If assisted living program or nursing home, please name: _____ Phone: _____

On whom do you rely for support or help: same as above

Name: _____ Relationship: _____ Cell Phone: _____

Name: _____ Relationship: _____ Cell Phone: _____

Are you currently working?

- Yes No Part-Time Full-Time Volunteer

Do you plan to return to work? Yes No What do you do/ did you do? _____

Are you able to: Shop for self Yes No Cook for self Yes No Wash self Yes No

Transportation: Wheelchair Cane Walker Crutches Artificial Limb

Drive Self Family Assistance Wheelchair Services Ambulance Volunteer Driver

Name of driver/service: _____ Phone: _____

Check if you use of any of the following services:

- VNA Private agency homecare Hospice Social work Physical Therapy Speech Therapy

Check if you receive any of the following benefits?

- Disability Medicaid State assistance Unemployment benefits

Tobacco use: Cigarettes - Never used Current smoker Previous smoker

Age started smoking _____ # of packs per day _____ Age quit smoking _____

Chewing Tobacco - Never used Current use Previous use

Age started _____ Age quit _____

Do you currently drink alcohol? Yes How much: _____ No

Did you drink alcohol in the past? Yes How much: _____ No

Do you drink beverages containing caffeine? Yes How much: _____ No

REVIEW OF SYSTEMS

GENERAL

Please check if you have any of the following: Fatigue Fever Sweats

EYE, EAR, NOSE, THROAT, MOUTH NO PROBLEM

Any problems with: Vision Hearing Sinuses Dry mouth Teeth/Gums

Altered taste or smell Mouth sores Swallowing Sore Throat

If yes, describe: _____

Patient name _____ Date of Birth: _____

Do you have dentures: Yes No Upper Lower Partial

Do your dentures fit properly? Yes No Explain _____

HEART **NO PROBLEM**

Any problems with:

- Blood pressure Chest pain Fainting Irregular heartbeat Palpitations
 Swollen ankles Other _____

Do you have a pacemaker or defibrillator? Yes No

LUNG **NO PROBLEM**

Any problems with:

- Asthma Cough Other _____
 Shortness of breath -- At rest Walking Climbing stairs _____ # of flights

Do you use oxygen? Yes Hours per day _____ Liters per minute _____ No

GASTRO-INTESTINAL **NO PROBLEM**

Any problems with:

- Constipation Diarrhea Change in bowel pattern
 Blood in stools Abdominal discomfort Nausea Vomiting
 Change in appetite Indigestion Reflux Other _____

Do you have a colostomy? Yes No

Date of last bowel movement _____ Average frequency _____

NUTRITION ASSESSMENT **NO PROBLEM**

Has your weight changed in the past 6 months? Yes No Average weight last year? _____

Number of pounds gained: _____ or Number of pounds lost: _____

How is your appetite? Excellent Good Fair Poor

Check the words that describe your diet:

- Regular Soft Liquid Diabetic Fluid restricted
 Kosher Low calorie Low cholesterol Low fat
 Low salt Vegetarian Other _____

Have you changed your diet due to illness or condition? Yes No

If yes, describe _____

Patient name _____ Date of Birth: _____

Do you have any food allergies? Yes No

If yes, describe _____

Are you using food supplements? Yes No Type: _____

URINARY TRACT/SEXUAL ORGANS **NO PROBLEM**

Check here if you are experiencing any of the following kidney or bladder problems:

- Urinating frequently – If yes, At night only or All the time
 Incontinence Burning on urination Blood in urine Catheter in place Urostomy
 Other _____

Sexual function: Do you have problems with: Libido/Desire Erection Orgasm

For women only:

Age began menstruation: _____ Date of last menstrual period _____ Age at menopause: _____

Have you ever used oral contraceptives: Yes No
If yes, how long _____ months/years when stopped: _____

Have you ever used hormone-replacement therapy: Yes No
If yes, how long _____ months/years when stopped: _____

Is it possible you could be pregnant at this time: Yes No

Age at first pregnancy: _____ Did you breast-feed Yes No If yes, how long? _____

MUSCLES & BONES **NO PROBLEM**

Do you exercise on a regular basis: Yes No
How frequently: _____ What type: _____

Check here if you experience any of the following:

- Back pain Arthritis - which joints _____
 Numbness/Tingling Other joint pain – which joints _____
 Weakness - Generalized Specific site _____

SKIN **NO PROBLEM**

Do you have any: Bruises Open areas Rashes Redness
Do you have a history of skin cancer _____ If yes, what type _____ What _____
 Other _____ If other, describe _____

NERVOUS SYSTEM **NO PROBLEM**

Check if you experience any of the following:

- Depression Anxiety Other Psychological Diagnosis: _____ Hospitalized Yes No
 Headaches Problems with coordination Weakness/Paralysis

Patient name _____ Date of Birth: _____

- Confusion Memory problems Insomnia/trouble sleeping
Do you use sleeping aids? Yes No

PREVENTION

Please indicate the date of your last examination and who performed:

Regular physical examination: _____

Clinical breast examination: _____

Monthly breast self-examination: _____

Mammogram: _____

Pap smear: _____

Clinical prostate examination: _____

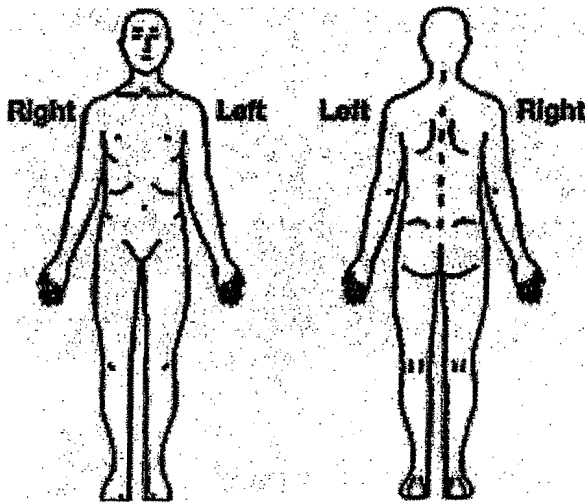
Date of last colonoscopy: _____

Bone Density _____

Dermatology skin exam _____

COMFORT/PAIN

Throughout our lives, most of us have had pain from time to time (such as minor headaches, sprains, and toothaches). Have you had pain other than these everyday kinds of pain today? Yes No - please skip to Page 9



On the diagram, shade in the areas where you feel pain. Put an X on the area(s) that hurt(s) the most.

Patient name _____ Date of Birth: _____

Please rate your pain by circling the one number that best describes your pain at its **worst** in the past 24 hours.

No pain
1 2 3 4 5 6 7 8 9 10
Pain as bad as you can imagine

Please rate your pain by circling the one number that best describes your pain at its **least** in the past 24 hours.

No pain
1 2 3 4 5 6 7 8 9 10
Pain as bad as you can imagine

Please rate your pain by circling the one number that best describes your pain on the **average**.

No pain
1 2 3 4 5 6 7 8 9 10
Pain as bad as you can imagine

Please rate your pain by circling the one number that tells how much pain you have **right now**.

No pain
1 2 3 4 5 6 7 8 9 10
Pain as bad as you can imagine

In the past 24 hours, how much **relief** have pain treatments or medications provided. Please circle the one percentage that most shows how much relief you have received.

0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%
Complete relief

What treatments or medications are you receiving for pain? _____

SUPPORT

Do you have any religious or cultural practices we should be aware of during your treatment?

Yes No If yes, please explain: _____

Do you have any concerns about how your illness will affect your family, job, and/or financial resources?

Yes No If yes, please explain: _____

Have there been any big changes in your life in the past year? Yes No

Patient name _____ Date of Birth: _____

Divorce Loss of job Death of loved one Move of household

Other _____

Do you feel safe in your home? Yes No

Do you have an Advance Directive, Living Will, or Durable Power of Attorney for Health Care

Yes (Please bring to office so we may make a copy) No Don't know what this is

Is there anything else about you or your current health or situation that you feel we should know? Any services you are particularly interested in? (genetics testing, support groups, counseling, nutrition, etc?)

Your signature: _____ Date: _____

If completed by someone other than the patient:

Name: _____ Relationship: _____

Physician Signature: _____ Date: _____

Patient name _____ Date of Birth: _____



HEALTH ASSESSMENT

Date: _____

Age: _____ Female: Male: Primary Language: _____

Reason for coming to office: _____

Name of primary care physician: _____

Names of your other physicians: _____

Home telephone: _____ Work telephone: _____ Cell phone: _____

PRESCRIPTION MEDICATIONS (if not bringing a list with you)

Name of drug	Dose (in mg)	# of times per day

(Please continue on the back of sheet as needed)

Please list any over-the-counter medications/vitamins you take: _____

Please list any herbal medications, food supplements, teas: _____

Do you use any complementary treatments: Acupuncture Chiropractic Herbs/Naturopathy
 Meditation Massage Other _____

Do you have any allergies to medications Yes No

If yes, please list: _____

Do have an allergy to Latex (Band-Aids, rubber gloves, balloons, condoms) Yes No

If yes, explain _____

Other allergies: _____

What drug store do you use? _____ Telephone _____

Do you have a prescription plan to assist with the cost of medications? Yes No



Patient name _____ Date of Birth: _____

Please choose which best describes your current state: (ECOG Performance Status Scale)

- 0- Fully active. Able to carry on all pre-disease activities without restrictions.
- 1 - Restricted in physically strenuous activity but ambulatory and able to perform light work.
- 2 - Ambulatory and capable of all self-care but unable to work. Up and about >50% of waking hours.
- 3 - Capable of only limited self-care. Confined to bed or chair more than 50% of waking hours.
- 4 - Completely disabled. Cannot perform any self-care. Confined to bed or chair.

MEDICAL HISTORY

How do you rank your general health? Excellent Good Fair Poor

Please list any surgeries you have had in the past: (use additional paper if necessary)

Approx Date	Type of surgery	Where
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Please list any chronic conditions for which you see a physician: (use additional paper if necessary)

Condition:	Physician:
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Do you have a collagen vascular disease (rheumatoid arthritis, scleroderma, lupus)? Yes No

Have you ever had radiation treatment? Yes No

Where? _____ When? _____

Patient name _____ Date of Birth: _____

FAMILY HISTORY

List Any Cancer or Blood Disease and/or Cause of Death

Mother: Alive , age _____ Deceased at age _____

Father : Alive , age _____ Deceased at age _____

Maternal Grandmother: Alive , age _____ Deceased at age _____

Maternal Grandfather: Alive , age _____ Deceased at age _____

Paternal Grandmother: Alive , age _____ Deceased at age _____

Paternal Grandfather: Alive , age _____ Deceased at age _____

Siblings: (Please list each separately. If more room is needed, please use separate sheet.)

_____: Alive , age _____ Deceased at age _____

_____: Alive , age _____ Deceased at age _____

_____: Alive , age _____ Deceased at age _____

_____: Alive , age _____ Deceased at age _____

_____: Alive , age _____ Deceased at age _____

Children: (Please list each separately. If more room is needed, please use separate sheet.)

_____: Alive , age _____ Deceased at age _____

_____: Alive , age _____ Deceased at age _____

_____: Alive , age _____ Deceased at age _____

_____: Alive , age _____ Deceased at age _____

_____: Alive , age _____ Deceased at age _____

Race/Ethnicity:

American Indian/Alaskan Native Asian/Pacific Islander Black/not of Hispanic origin

Hispanic White/not of Hispanic origin Jewish Heritage Other _____

Religion : _____

Marital status:

Married Partnered Single Divorced Widow

Who do you live with?

Name: _____ Relationship: _____ Cell Phone: _____

Name: _____ Relationship: _____ Cell Phone: _____

Housing: Single Level Multi-level Assisted Living Nursing Home

Patient name _____ Date of Birth: _____

If assisted living program or nursing home, please name: _____ Phone: _____

On whom do you rely for support or help: same as above

Name: _____ Relationship: _____ Cell Phone: _____

Name: _____ Relationship: _____ Cell Phone: _____

Are you currently working?

- Yes No Part-Time Full-Time Volunteer

Do you plan to return to work? Yes No What do you do/ did you do? _____

Are you able to: Shop for self Yes No Cook for self Yes No Wash self Yes No

Transportation: Wheelchair Cane Walker Crutches Artificial Limb

Drive Self Family Assistance Wheelchair Services Ambulance Volunteer Driver

Name of driver/service: _____ Phone: _____

Check if you use of any of the following services:

- VNA Private agency homecare Hospice Social work Physical Therapy Speech Therapy

Check if you receive any of the following benefits?

- Disability Medicaid State assistance Unemployment benefits

Tobacco use: Cigarettes - Never used Current smoker Previous smoker

Age started smoking _____ # of packs per day _____ Age quit smoking _____

Chewing Tobacco - Never used Current use Previous use

Age started _____ Age quit _____

Do you currently drink alcohol? Yes How much: _____ No

Did you drink alcohol in the past? Yes How much: _____ No

Do you drink beverages containing caffeine? Yes How much: _____ No

REVIEW OF SYSTEMS

GENERAL

Please check if you have any of the following: Fatigue Fever Sweats

EYE, EAR, NOSE, THROAT, MOUTH NO PROBLEM

Any problems with: Vision Hearing Sinuses Dry mouth Teeth/Gums

Altered taste or smell Mouth sores Swallowing Sore Throat

If yes, describe: _____

Patient name _____ Date of Birth: _____

Do you have dentures: Yes No Upper Lower Partial

Do your dentures fit properly? Yes No Explain _____

HEART **NO PROBLEM**

Any problems with:

- Blood pressure Chest pain Fainting Irregular heartbeat Palpitations
 Swollen ankles Other _____

Do you have a pacemaker or defibrillator? Yes No

LUNG **NO PROBLEM**

Any problems with:

- Asthma Cough Other _____
 Shortness of breath -- At rest Walking Climbing stairs _____ # of flights

Do you use oxygen? Yes Hours per day _____ Liters per minute _____ No

GASTRO-INTESTINAL **NO PROBLEM**

Any problems with:

- Constipation Diarrhea Change in bowel pattern
 Blood in stools Abdominal discomfort Nausea Vomiting
 Change in appetite Indigestion Reflux Other _____

Do you have a colostomy? Yes No

Date of last bowel movement _____ Average frequency _____

NUTRITION ASSESSMENT **NO PROBLEM**

Has your weight changed in the past 6 months? Yes No Average weight last year? _____

Number of pounds gained: _____ or Number of pounds lost: _____

How is your appetite? Excellent Good Fair Poor

Check the words that describe your diet:

- Regular Soft Liquid Diabetic Fluid restricted
 Kosher Low calorie Low cholesterol Low fat
 Low salt Vegetarian Other _____

Have you changed your diet due to illness or condition? Yes No

If yes, describe _____

Patient name _____ Date of Birth: _____

Do you have any food allergies? Yes No

If yes, describe _____

Are you using food supplements? Yes No Type: _____

URINARY TRACT/SEXUAL ORGANS **NO PROBLEM**

Check here if you are experiencing any of the following kidney or bladder problems:

- Urinating frequently – If yes, At night only or All the time
 Incontinence Burning on urination Blood in urine Catheter in place Urostomy
 Other _____

Sexual function: Do you have problems with: Libido/Desire Erection Orgasm

For women only:

Age began menstruation: _____ Date of last menstrual period _____ Age at menopause: _____

Have you ever used oral contraceptives: Yes No
If yes, how long _____ months/years when stopped: _____

Have you ever used hormone-replacement therapy: Yes No
If yes, how long _____ months/years when stopped: _____

Is it possible you could be pregnant at this time: Yes No

Age at first pregnancy: _____ Did you breast-feed Yes No If yes, how long? _____

MUSCLES & BONES **NO PROBLEM**

Do you exercise on a regular basis: Yes No
How frequently: _____ What type: _____

Check here if you experience any of the following:

- Back pain Arthritis - which joints _____
 Numbness/Tingling Other joint pain – which joints _____
 Weakness - Generalized Specific site _____

SKIN **NO PROBLEM**

Do you have any: Bruises Open areas Rashes Redness
Do you have a history of skin cancer _____ If yes, what type _____ What _____
 Other _____ If other, describe _____

NERVOUS SYSTEM **NO PROBLEM**

Check if you experience any of the following:

- Depression Anxiety Other Psychological Diagnosis: _____ Hospitalized Yes No
 Headaches Problems with coordination Weakness/Paralysis

Patient name _____ Date of Birth: _____

Confusion Memory problems Insomnia/trouble sleeping

Do you use sleeping aids? Yes No

PREVENTION

Please indicate the date of your last examination and who performed:

Regular physical examination: _____

Clinical breast examination: _____

Monthly breast self-examination: _____

Mammogram: _____

Pap smear: _____

Clinical prostate examination: _____

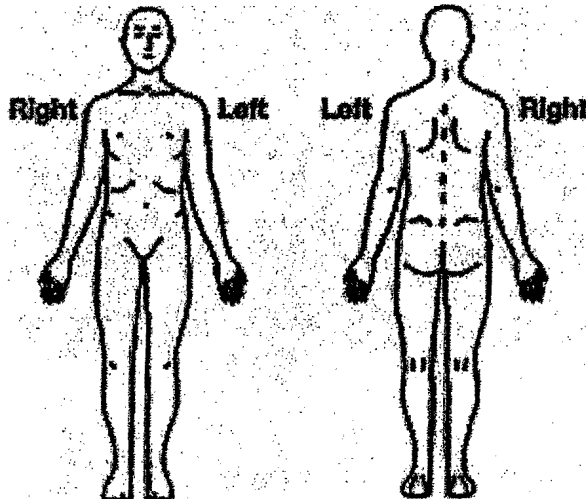
Date of last colonoscopy: _____

Bone Density _____

Dermatology skin exam _____

COMFORT/PAIN

Throughout our lives, most of us have had pain from time to time (such as minor headaches, sprains, and toothaches). Have you had pain other than these everyday kinds of pain today? Yes No - please skip to Page 9



On the diagram, shade in the areas where you feel pain. Put an X on the area(s) that hurt(s) the most.

Patient name _____ Date of Birth: _____

Please rate your pain by circling the one number that best describes your pain at its **worst** in the past 24 hours.

No pain
1 2 3 4 5 6 7 8 9 10
Pain as bad as you can imagine

Please rate your pain by circling the one number that best describes your pain at its **least** in the past 24 hours.

No pain
1 2 3 4 5 6 7 8 9 10
Pain as bad as you can imagine

Please rate your pain by circling the one number that best describes your pain on the **average**.

No pain
1 2 3 4 5 6 7 8 9 10
Pain as bad as you can imagine

Please rate your pain by circling the one number that tells how much pain you have **right now**.

No pain
1 2 3 4 5 6 7 8 9 10
Pain as bad as you can imagine

In the past 24 hours, how much **relief** have pain treatments or medications provided. Please circle the one percentage that most shows how much relief you have received.

0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%
Not completely relieved

What treatments or medications are you receiving for pain? _____

SUPPORT

Do you have any religious or cultural practices we should be aware of during your treatment?

Yes No If yes, please explain: _____

Do you have any concerns about how your illness will affect your family, job, and/or financial resources?

Yes No If yes, please explain: _____

Have there been any big changes in your life in the past year? Yes No

Patient name _____ Date of Birth: _____

- Divorce Loss of job Death of loved one Move of household
 Other _____

Do you feel safe in your home? Yes No

Do you have an Advance Directive, Living Will, or Durable Power of Attorney for Health Care

Yes (Please bring to office so we may make a copy) No Don't know what this is

Is there anything else about you or your current health or situation that you feel we should know? Any services you are particularly interested in? (genetics testing, support groups, counseling, nutrition, etc?)

Your signature: _____ Date: _____

If completed by someone other than the patient:

Name: _____ Relationship: _____

Physician Signature: _____ Date: _____