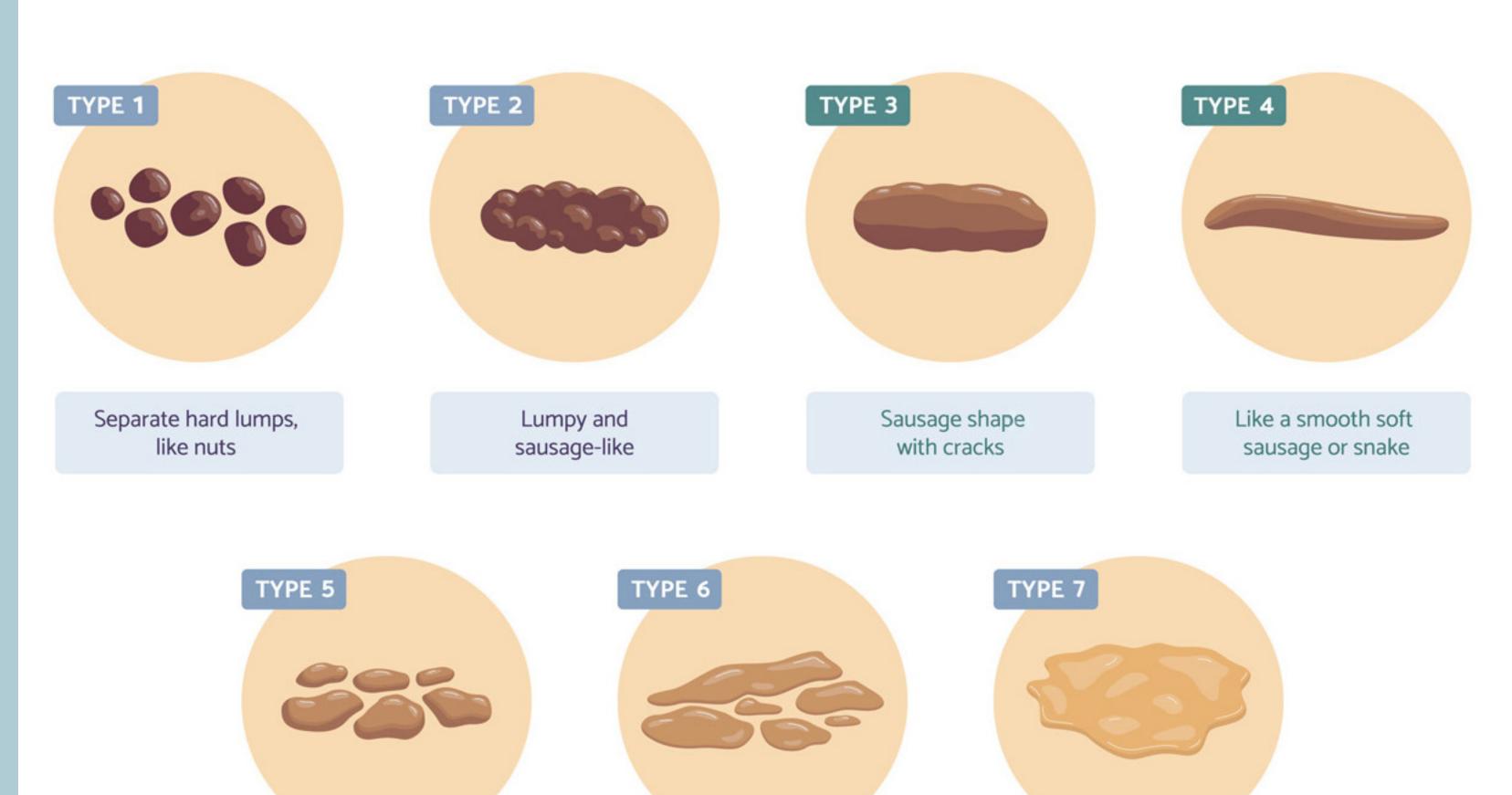
The Scoop On Poop

The Bristol Stool Chart is a medical aid designed to classify stools into seven groups. It is a helpful tool so patients can communicate to their doctors the appearance of their bowel movements.

This allows patients and doctors to monitor and improve bowel movements.

The Bristol Stool Chart



Type 1-2 indicate constipation

Type 3-4 are ideal stools as they are easier to pass, and

Type 5-7 may indicate diarrhea and urgency

Mushy consistency

with ragged edges

Soft blobs with

clear-cut edges

Liquid consistency

with no solid pieces

