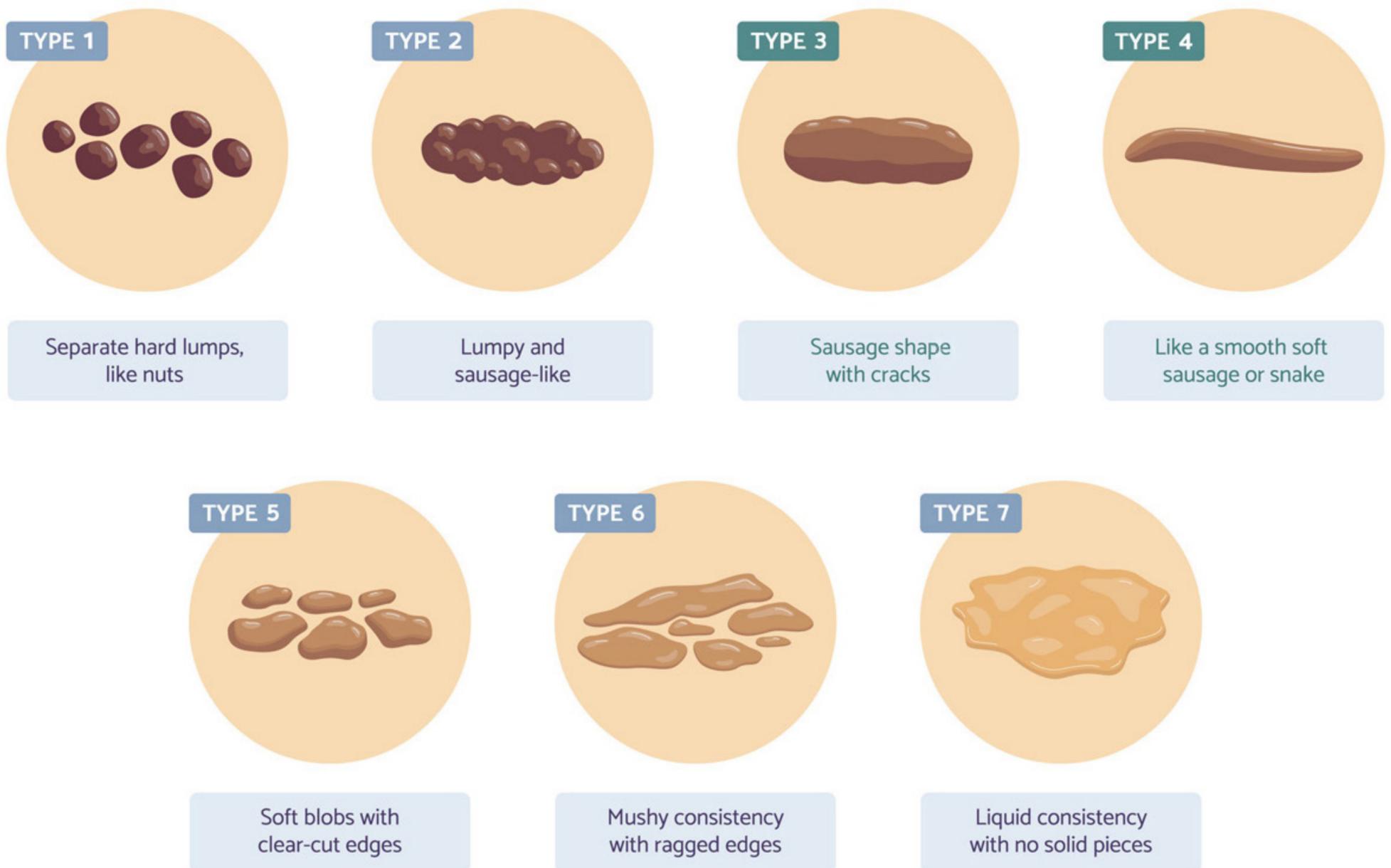


The Scoop On Poop

The Bristol Stool Chart is a medical aid designed to classify stools into seven groups. It is a helpful tool so patients can communicate to their doctors the appearance of their bowel movements.

This allows patients and doctors to monitor and improve bowel movements.

The Bristol Stool Chart



Type 1-2 indicate constipation
Type 3-4 are ideal stools as they are easier to pass, and
Type 5-7 may indicate diarrhea and urgency